

From the Community Kitchen, Inc.

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Did You Know?

From January through October 2010 we served 76,664 meals

Check us out on Facebook

This has been an exciting few months for Community Kitchen, Inc. and full of wonderful changes. Our new Executive Director started in June and was immediately welcomed into the family. We are making greater use of technology to organize and communicate with our volunteers and donors. We frequently update our Facebook page to keep our "fans" informed and have a new website:

www.communitykitchencolumbus.org.

The website also allows our donors to give easily and securely to us.

Our dishwasher was replaced on schedule and the ice machine was a welcome addition to our kitchen. Our freezer unexpectedly died and we learned how caring our community is as several groups and funders jumped in to help us recover from a major, unplanned expense.

Thanks to OSU Nursing students and the Columbus Health Department, we were able to offer Hepatitis, Flu and Pneumonia shots to anyone in need. Two educational workshops on bedbugs provided by the Health Department were well attended. Additional health screenings have now been added by the OSU nurses. The Nurses have identified a number of serious, untreated medical conditions from high blood pressure to broken bones. They have been able to screen and refer our clients to needed care.

Two leaders from our City visited Community Kitchen, Inc. Councilmembers Priscilla Tyson and Troy Miller both visited on separate occasions. Both spent considerable time talking with staff and clients and have clearly demonstrated that they are supportive and knowledgeable of our work and mission

AmeriCorps volunteers, working with the Amvets Career Center, are providing educational and referral services to our veterans. Many of the people coming through our doors are veterans who do not know about the many services available to them.

Our Director of Operations (Marilyn) has been trained to assist people in accessing SSI and SSDI benefits. During the next few months she will also be trained as a Benefit Bank enroller and will be able to assist families in obtaining food stamps and other benefits.

By the time you read this, our annual Thanksgiving Day dinner will be over and we will be preparing for Christmas Adopt A Family. As we enter into the Christmas and Hanukkah season, please remember our neighbors and others who need our resources, thoughts and prayers.

We wish you a happy, safe and peaceful holiday season from Carol, Marilyn, Steve, Peppy, MJ, Tim and all of our volunteers and Board Members!



Community Kitchen, Inc.

Board of Directors

President

Joseph Sauline
Commerce National Bank

Vice President

Bradley Walters
JP Morgan Investors Services

Secretary

Debbie Olbrys
Kemba Financial

Treasurer

Keri Cooper
Quality Assurance Coordinator,
STRS Ohio

Brian Bonnett

Student OSU Graduate School

Dan Snyder

Retired Computer Consultant

Christine Sowell

Retired: Defense Logistics
Agency

Rev. Joshua Wagner

Holy Rosary/St. John

Dcn. Steve DeMers

The Catholic Times

Carl L. Smith

St. Vincent DePaul Society

Dr. Christopher M. Weghorst

The James Cancer Hospital &
Solove Research Institute

Clifton Hawkins

Retired USAF

Jeffery Willis

Dinsmore & Shohl LLP

From the Director's chair

I am always moved when I look in the dining room to see children and adults enjoying a meal. Although what we do looks easy, few people see the hundreds of volunteers and donors behind the food lines. Our volunteers cook, clean, unload supplies, drive the van, fix things when they break, answer our phones and many, many other necessary tasks. Our donors allow us to purchase all the "stuff" that is required for us to fulfill our mission. Our small staff works together to sort out the chaos and make sure everyone knows what to do and all of our clients receive the best that we have.

We could not function without all of these pieces. I hope that you will consider becoming part of our family through donations or volunteering or both. I can promise you we will continue to be good stewards of your resources and we will continue to serve our city's most vulnerable and fragile citizens.

Carol A. Trowbridge
Executive Director



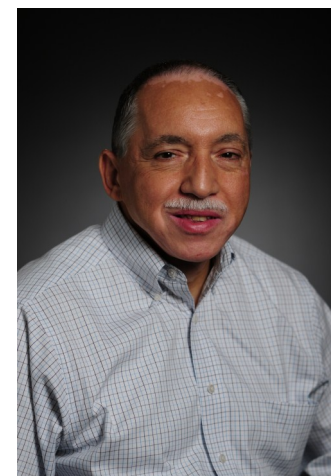
PRESIDENT'S THOUGHTS

I have had the honor and privilege of serving on the Board of the Community Kitchen for the last 14 years. Over the years, I have served terms as Board President, Vice President and Treasurer. I am currently serving as the Board President and have enjoyed all of my time with this organization very much. I have seen the Community Kitchen grow from a struggling entity that was barely able to keep the doors open at times in the late 1990's to a vibrant and growing organization that serves many basic human needs in the community that they serve.

Although there are a number of factors that attributed to the turnaround, it all comes down to the goodness and generosity of our donors, grant providers and volunteers. All that is accomplished at the Community Kitchen would be impossible without that support. The other great asset of the Community Kitchen is the dedicated, hard working employees that do so much with so few. Without their daily passion for helping others, the Kitchen would not be successful. We also have a very dedicated, compassionate Board, many of whom have served for quite a few years.

However, as I have come to realize over the years, the need never decreases. The current economic crisis has stressed all social service agencies. Although many people have been getting by with less during our economic downturn, I was very moved to see last year that those who could give were willing to share with those who had little or nothing. Individuals, corporations and grant providers stepped up to provide the resources needed for the Kitchen to continue their mission of service to the less fortunate. I truly hope and pray that your generous support will continue during these difficult times so that we at the Community Kitchen can continue to serve. Thank you again for your support and may you all have a very blessed and joyous holiday season!

Joe Sauline
Board President



Did You Know?

***Our Facebook page is
Community Kitchen
Columbus***

MJ's Clothing Room

Our agency provides clothing and household items to those in need. Right now the clothing room is in transition from warm weather to colder weather. We are in desperate need of Coats, gloves, hats, panties, boxers, bras, socks, sheets and blankets of every size. The greatest clothing need is infants/small children and men's clothing especially larger sizes. Anything donated can be used and will be appreciated.



Did You Know?
We need an average of 10 volunteers per day to get things done.

Peppy's Ladle

Hello Friends— I am the kitchen manager at Community Kitchen. Please join us Monday through Saturday between 11:30 and 12:30 for a nutritious meal with no questions asked. We always need volunteers and donations to do our work. Butter, sugar, coffee, spices and cooking oil are especially appreciated!

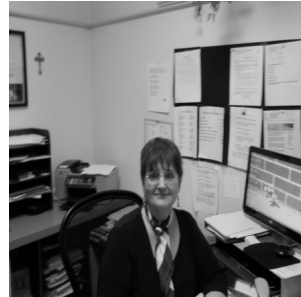
Peppy



Did You Know?
We are now serving a hot breakfast as well as lunch six days per week.

Special thanks goes out to a few of the people and organizations who helped us in the last couple of months during our freezer disaster!

- Mid Ohio Food Bank
- Coyote Mechanicals
- Columbus Foundation
- Paul G. Duke Foundation
- City of Columbus
- Murray Tool Rental
- Downtown HS ROTC students
- all others who we forgot during the chaos!!



MARILYN'S CORNER

- Critical Needs**
- Money!
 - Toiletry Items
 - Diapers
 - Aluminum Foil
 - Coffee Filters
 - Salt/Pepper
 - Spices
 - Blankets
 - Coats
 - Gloves, Hats
 - Socks

Did You Know?
Thanks to St. Peter's Catholic Church we have 110 children scheduled for secret Santa adoption during the holidays.

Did You Know
You can securely donate to us through our website using PayPal or a debit or credit card



If you would like to receive our Newsletter electronically, please email us at:
cki@communitykitchencolumbus.org
Or return the enclosed envelope with your information. The electronic version is in color!

The Community Kitchen, Inc.
Carol A. Trowbridge
Executive Director

Marilyn J. Oberting
Director of Operations

Stephen Gill
Office Assistant

Giyneetuis Fraley-Hill
Associate Kitchen Mgr.

Timothy Travis
Maintenance

MJ Muldrow
Clothing Room

“Live Simply So Others Can Simply Live”

Community Kitchen, Inc.

640 S. Ohio Avenue

Columbus, Ohio 43205

www.communitykitchencolumbus.org

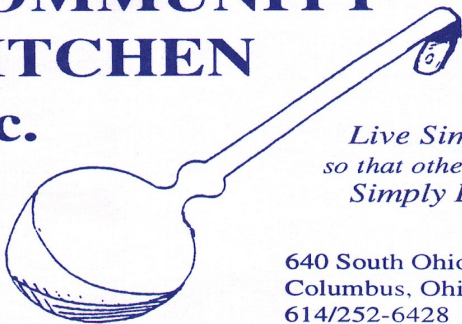
Phone: 252-6428 ext 240

Fax: 252-8487

email - cki@communitykitchencolumbus.org

To volunteer or schedule a drop off of food, clothing or household items.

**COMMUNITY
KITCHEN
Inc.**



*Live Simply
so that others may
Simply Live*

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Columbus, Ohio 43205
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614/252-8487 Fax

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